



**Come and join us for
a walk, a chat, and
refreshments!**

**For further information
and walk updates please
contact:**

Email:

cdwrugby@warwickshire.gov.uk

Facebook:

<https://www.facebook.com/RugbyCommunities>

Phone: 07775220821

WALK LEADER

Michelle Gravatt

**(Community Development
Worker, Warwickshire
County Council)**

WALK AND TALK

11th September 2024

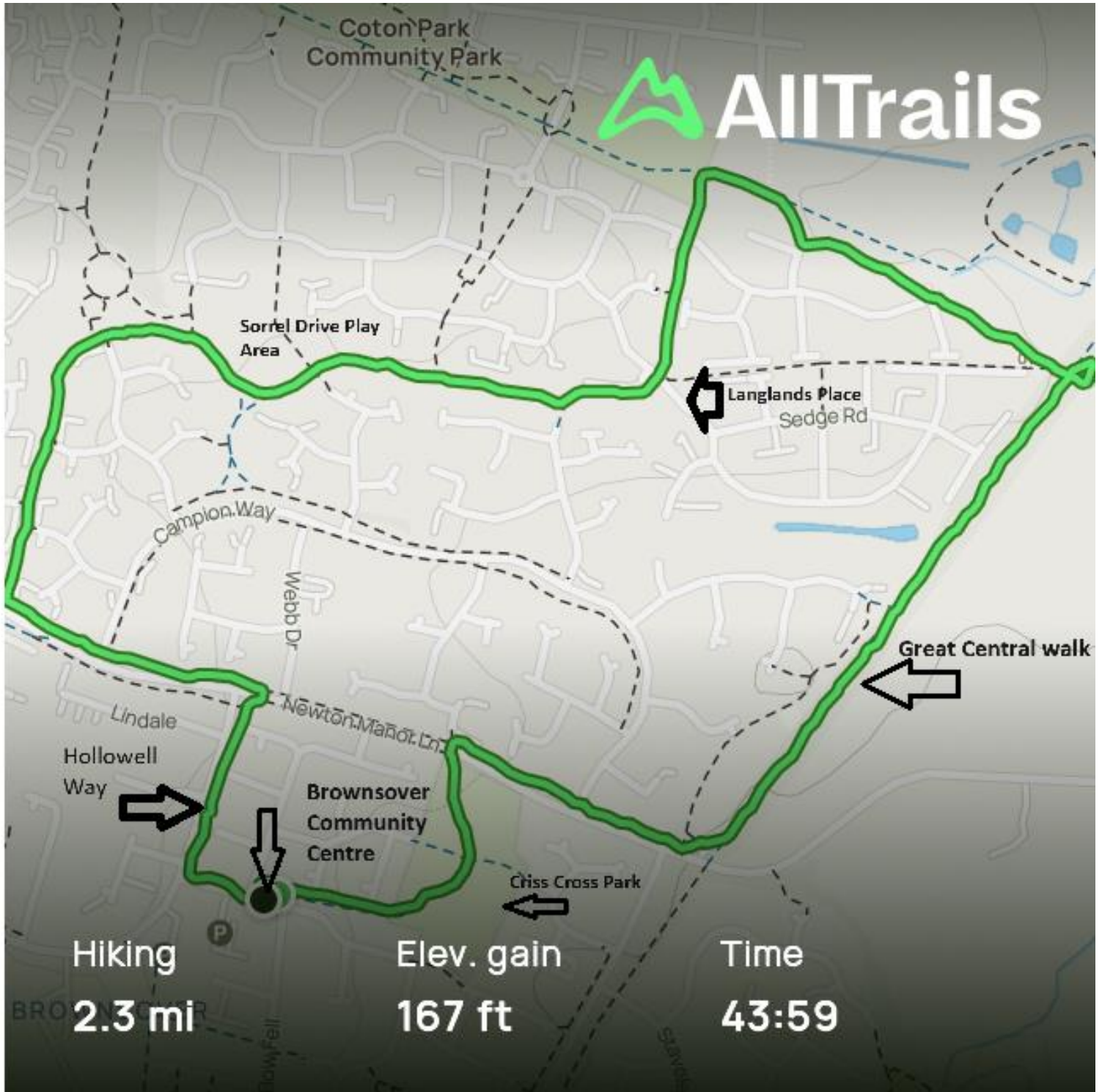
**Leaving from Brownsover Community Centre,
Bow Fell, Brownsover, Rugby CV21 1JF.**

Meeting at 6:00 pm, Leaving at 6:15 pm

Walking has been described as the perfect exercise, and a conversation can change a life. So put on your most comfortable shoes and come along to get some fresh air and have a chat! Please feel free to join at any point along the walk. We will be walking for approximately one hour (2.3 miles/3.7 km.) we will be returning to the community Centre (next to the Medical Centre) for refreshments. Please wear appropriate footwear and clothing. Children must be accompanied by an adult.

Please see the map on the back for the route.





Hiking
2.3 mi

Elev. gain
167 ft

Time
43:59